

## How Much Water Do We Use?

### How Much Water Does It Take To Do The Following Activities?

Taking a Bath or Shower	15-30 Gallons
Watering the Lawn and Yard	180 Gallons
Washing the Dishes by Machine/Hand	14-60 Gallons
Washing Clothes	50 Gallons
Washing the Car	100 Gallons
Brushing Your Teeth	1 Gallon
Cooking	10 Gallons
Drinking	1/2 Gallon
Flushing the Toilet (once)	4-7 Gallons

### How Much Water Does It Take To Produce One Serving Of

Corn	61 Gallons
Lettuce	6 Gallons
French Fries	6 Gallons
Tomatoes	3 Gallons
Apples	16 Gallons
Cantaloupe	51 Gallons
Cherries	90 Gallons
Oranges	22 Gallons
Watermelon	100 Gallons
Wheat bread	15 Gallons
Rice	36 Gallons
Almonds	12 Gallons
Margarine	92 Gallons
SUGAR (From Beets)	8 Gallons
Milk	65 Gallons
Cola Soft Drink	10 Gallons
Steak	2,607 Gallons
Hamburger	1,303 Gallons
Pork	408 Gallons
Chicken	408 Gallons
Eggs (2)	136 Gallons
Typical Breakfast	209 Gallons
Typical Lunch	1,427 Gallons
Typical Dinner	2,897 Gallons
A Day's Meals (Total For One Person)	4,533 Gallons