Zero Waste

"Zero Waste is a philosophy that encourages the redesign of resource life cycles so that all products are reused."

By

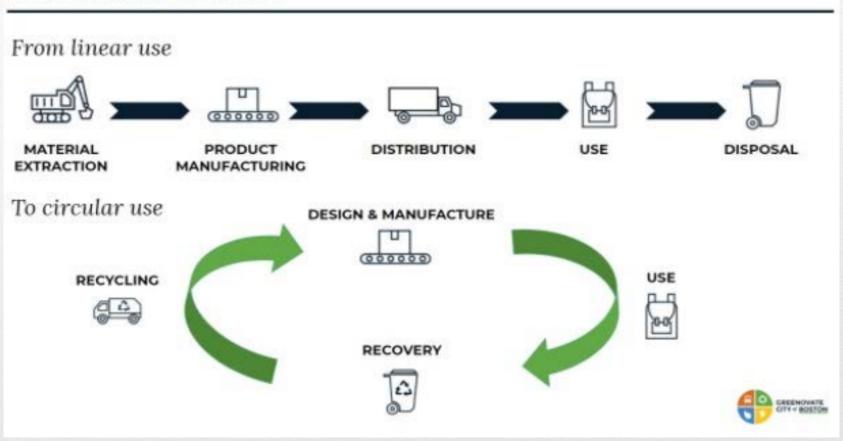


Zero Waste Mendo

- · A place to learn ways to reduce your waste
- · English and Spanish Facebook groups
- In-home/commercial/municipal consultations
- · Municipal and county level coordination
- · Public outreach
- · Home tours

Linear vs. Circular Economy/System

ZERO WASTE CONCEPT



The 6 R's **Zero Waste Principles**

Refuse

Reduce

Reuse

Repair

Recycle

Rot

The Zero Shop Blog

Benefits to Zero Waste

- The 6 R's create 10x more jobs than disposal
- · Reduces our climate impact
- Redirects resources to those in need (building community) rather than disposing of them
- · Conserves resources and minimizes pollution
- Individuals save money and time while living healthier

Refuse

- · Just say 'No' to:
 - Freebies
 - Single-use plastics
 - Food packaging
 - Disposable items
 - Things you just don't need
 - Junk mail



Reduce

- . Donate/sell items you don't need or use
 - Save time, space, and sanity
- · Wait 30 days before buying something new
- · Create household rules
 - Everything has a home
 - One thing in and one thing out
- Simplify
- · Reducing can have health benefits

Reduce: Self-Sustainability

- · Self-production of energy
 - · Solar panels
 - · Make your own biodiesel
 - · Generator using methane/biodiesel/natural gas
 - · Battery backup system
 - · Solar water heating
 - · Residential wind power
- · Growing your own food
 - · Shelf stable foods



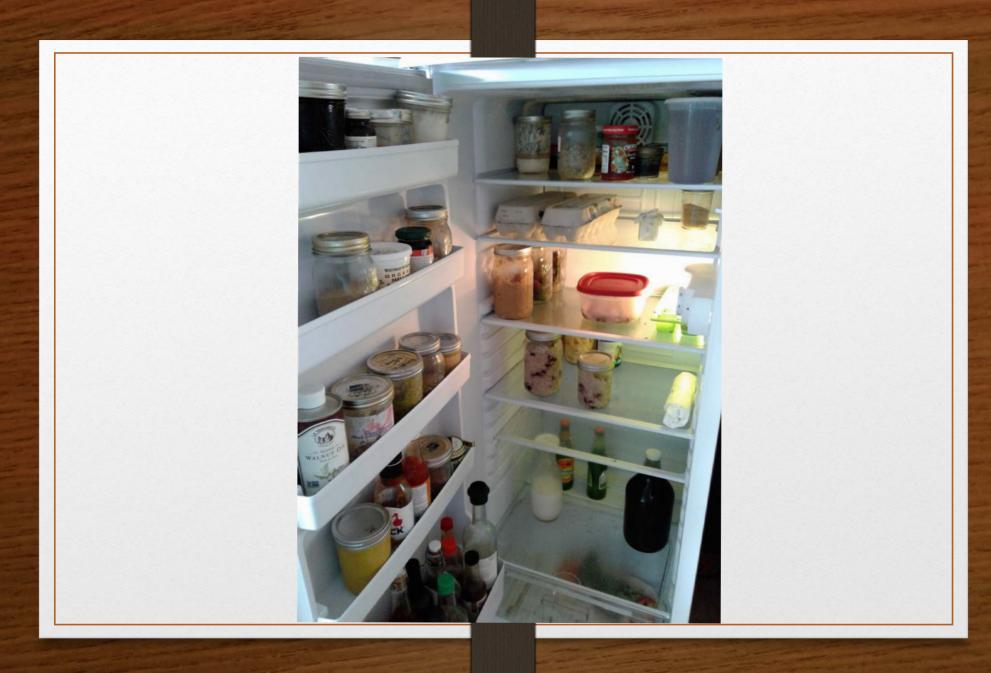


Reduce: Water

- Instant water heaters
- · Bathroom sink aerators
- · Low flow shower heads
- · Dual flush toilets
- · Efficient dishwashers and washing machines
- · Drip systems
- · Gray water system
- Reduce beef consumption (11b uses 614 gallons of water)

Reuse

- · Replace disposables with reusables
- · Buy secondhand
- · Craft time for artists and kids!
- Donate items for reuse
- . Get creative and think, "There is no box"







Repair

- · Find someone to repair
- · Learn how to repair
- · Buy items that can be repaired
- . Donate to a charity that can repair



Recycle

- Recycle what you can't refuse, reduce, reuse, or repair
- · Upcycle as much as possible due to downcycling
- · Learn what is actually being recycled
- · Reduce your recyclables
- · Opt for glass, metal, or paper
- Recycle worn-out clothing

Rot

- · Compost accepted materials not in the other R's
- · For Example:
 - Soiled and unlined paper products
 - Plastic-free cotton swabs
 - Dryer lint
 - Food waste
 - Yard waste
 - Pizza boxes

Rot: SB1383

- California's short-term solution to climate change is to increase landfill diversion rates for organic materials that could otherwise be composted
- Decreases methane gas created by organic material decomposition in landfills
- · Increases usage and availability of natural fertilization
- · Plants that feed on compost sequester carbon
- 50% diversion rate by 2020
- 75% diversion rate by 2025



How to Reduce Your Waste

- · Pick one item to start; It's a process
- · Just say, "No thank you"
- Bring your own reusable shopping bags, bags or containers for bulk, and produce bags
- · Skip the packaging
- . Make a to-go bag to leave in your car
- Find alternatives to products once finished
- · Complete a home trash audit
- Implement self-sustainability practices with energy and food production
- Reduce water consumption

Zero Waste Mendo Projects

- · Waste Reduction Program with the City of Fort Bragg
- Beginning to work with the Fort Bragg Unified School District on a Waste Reduction Program
- · Compost Stamp for Pizza Boxes
- Also working with:
 - . Noyo Center for Marine Science
 - · MendoParks
 - · Waste Management
- · Overall Vision:
 - Mendocino County, its towns, and people practice Zero Waste in all aspects of life

Questions to Think About

- What's one habit that you feel comfortable starting to shift?
- What's one waste-reduction dream you have for your town no matter how 'far-fetched' it may seem?

"We don't need a handful of people doing zero waste perfectly. We need millions of people doing it imperfectly." Anne-Marie Bonneau

