# CITY OF FORT BRAGG

*Incorporated August 5, 1889*
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**Monday, September 21, 2009** **FOR IMMEDIATE RELEASE**

## INTERNATIONAL WALK AND ROLL TO SCHOOL WEEK IS OCTOBER 5 - 9

The community of Fort Bragg will be joining schools from around the world to celebrate **International Walk and Roll to School Week** on October 5 – 9, 2009. The goals of this event are to raise awareness about safe routes for walking and bicycling, and to promote safety, health, physical activity, concern for the environment, and a sense of community.

Students and families of the Fort Bragg Unified School District are encouraged to safely walk, bicycle or skateboard to school all week long. On Wednesday, October 7, **International Walk and Roll to School Day**, Walking School Buses will travel with students, parents, and community leaders to Redwood Elementary, Dana Gray Elementary and Fort Bragg Middle School departing from the Celebration Station at the northwest corner of Harold and Maple Streets. The Celebration Station will provide a healthy, on-the-go breakfast for students. The Walking School Bus will depart from the Celebration Station at 7:40 a.m. for the Middle School and 8:10 a.m. for Redwood and Dana Gray Elementary Schools. Students and families are encouraged to join the Walking School Bus or to form their own neighborhood walking school bus or bike train by linking with friends, neighbors and family. If walking, biking or busing to school is not feasible, families are encouraged to carpool with neighbors and friends.

Over 5,000 schools in all 50 of the United States and over 40 countries around the world are expected to participate in **International Walk and Roll to School Day**. The event is being organized locally by the Fort Bragg Safe Routes to School Program, sponsored by the City of Fort Bragg and Fort Bragg Unified School District with funding from the State of California. A State Safe Routes to School grant paid for street and sidewalk improvements in 2008 near Dana Gray Elementary School and Fort Bragg High School. In 2010, a Federal Safe Routes grant will fund improvements around Redwood Elementary and Fort Bragg Middle School.

**Please visit these web sites for additional information about**
**Safe Routes to School or International Walk and Roll to School Week:**

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| National Center for Safe Routes to School | www.saferoutesinfo.org |
| International Walk to School in the USA | www.walktoschool.org |
| California Walk to School | www.cawalktoschool.com |

To get involved in the **International Walk and Roll to School Day** event or for additional information, please call 707.961.2827, or email the Safe Routes to School Program at fbsaferoutes@gmail.com.