

ASSISTANCE FOR COASTAL PARENTS WITH TEENS

Is your child having difficulty in School?

FB Middle School Counselor	961-3661	Kristine Decker
Noyo High School Counselor	961-3611	Sherry Ackerson
FB High School Counselors	961-3704	Marc Boele
(Se habla Español)	961-3703	Tomas Sanchez
FB After School Programs	961-3519	Caroline Carine
Mendocino HS Principal	937-5871	Tobin Hahn

Concerned about alcohol & other drugs?

Mendocino County Youth Project	489-8002	Carla Leach
Substance Use Disorder Treatment	961-2665	A.J. Fulton
FB Police Dept.	961-2800	Chief Fabian Lizarraga
Juvenile Probation	234-6982	Tony Crudo
Teen Alcoholics Anonymous	671-4193	Hailey Ann

Gang Worries?

Mendocino County Youth Project	489-8002	Carla Leach
Gang Prevention	485-2086	Amanda Durigan
FB Police Department	961-2800	Chief Fabian Lizarraga
Juvenile Probation	234-6982	Tony Crudo
Sheriff's Office	964-6308	Julie Whipple

CALL GANG/CRIME TIP HOTLINE 961-3049
(Leave confidential or anonymous information)

Need ideas for fun things to do?

After School Programs at FBHS	
Jennifer Raye	961-3755
C.V. Starr Community Center	964-9446
Community Center of Mendocino PAL (Police Activities League)	937-4133
Julie Whipple	964-6308
Teen Lounge at Safe Passage / Mendocino County Youth Project Office	961-3751

Interested in a parenting class?

Safe Passage Family Resource Center	
Laura Erskine	961-3603
Elena Gonzalez (Se habla Español)	964-3077

NEED HELP RIGHT NOW?

9-1-1	For Emergencies Only
964-HELP	(964-4357) Crisis Line
964-0200	FB Police Department
961-2421	County Sheriff's Office
961-1507	Project Sanctuary

Need to talk to a doctor? Teen sexuality / pregnancy prevention questions?

Mendocino Coast Clinics	
Teen Clinic: Text or Call	513-7575
MediCal / Dental	964-1251
Pediatrics	964-5696
FB Rural Health Center	964-0259
Public Health	964-4713

Questions about food & shelter?

Hospitality Center	961-0172
Hospitality House	961-1150
Health & Human Services Agency	962-1000
Fort Bragg Food Bank	964-9404

Questions about child abuse/domestic abuse/ sexual assault?

To report abuse	866-236-0368
Child Protective Services	962-1100
Fort Bragg Police Dispatch	964-0200
Sheriff Dispatch	961-2421
Project Sanctuary	961-1507

Need youth or family counseling/mediation?

Redwood Community Services (RCS)	964-1136	Peter Burtis (Se habla Español)
Mendo. County Youth Project	489-8002	Carla Leach
Mendocino Coast Clinics	961-3492	Case Manager— Marcie Deniz
Project Sanctuary	961-1507	Lia Holbrook

Call **211** or go to **www.211mendocino.org**
for more information about services available in our
community.

Compiled by Fort Bragg's Coalition for Gang Awareness and Prevention (CGAP) - Revised August 2018